

Equipment List

This leaflet has been compiled as a list of equipment and suppliers that members of HemiHelp have over the years found useful in living and dealing with hemiplegia. Please help us keep it up to date by letting us know of any changes to the details you find here, or if you discover a brilliant piece of equipment and think others should know about it.

Included here are aids for writing, dressing, washing and eating as well as a few miscellaneous suggestions all designed for people with either the use of one hand or limited use of both hands. At the back of the leaflet is an address directory for you to contact the suppliers directly.

Aids for Writing

Angled Desk Top

'Write angle' wedge of desk top at a 20 degree angle, also available with a non slip mat.

Philip & Tacey Ltd

Angled desk top with magnetic top

Posturite (UK) Ltd

Bookstand/clip board/Sloping board all in one.

Beesneez

Desk Clamp

'Free hand' desk clamp—assists with reading, writing and drawing

Peta

Drafting head

'Variomatic' by Staedler

Good for geometry

Available from all good stationers.

Foam Grip

'Dexball' holds pen, pencil or spoon in position

Insight Medical Products

Hand huggers

Triangular colouring and lead pencils, colouring pens and markers and triangular ink pens.

You can purchase these from our website http://www.hemihelp.org.uk/support_us/shop

Keyboards

Computer keyboard designed for use with one hand.

PCD Maltron

Magnetic boards

A4 paper can be secured to a metal board using magnets or slipped between pages of an

exercise book.

(These boards have sharp edges and therefore should be bound or framed before they are given to children) NES Arnold

Pencil Grips

Either specially moulded or triangular. Make grip much easier

Nottingham Rehab and Homecraft

Rulers and Geometry Sets

'Discovery' & 'Achiever' by Helix.

These are good math's sets, which can have magnetic strips stuck on the back for use with or without a metal/magnetic board.

Available from all good stationers.

Rulers and protractors with handles

NES Arnold

Ruler Cutter and Mat

Operates along the same lines as a traditional guillotine

Brookvine Home Shopping

Scissors

Self-opening handles of loop scissors that are easy to grip and can be operated with just a small squeeze.

Peta, Functional Solutions, Stirex, NES Arnold

Easy grip scissors.

Homecraft

Left handed scissors

Anything left handed

Personal Hygiene

Long reach sponge

Plyfoam sponge on an extra long handle

Keep Able and Homecraft

Nail Clipper Board

Securely attached to a plastic base on suckers to provide stability whilst clipping.

Functional Solutions (part of Promedics)

Plaster cast cover

Waterproof protectors that slip over casts and splints to protect them when taking a bath or shower.

Homecraft, VM Marketing & Help at Home

Stay put nail brush

Secured with suckers this nail brush doesn't need to be hand held

Keep Able

Tube squeezer

Attach to a tube of eg. Toothpaste for simple control.
Keep Able

Aids For Eating

Dycem & Stay in place Mats

Non-slip mats in a variety of shapes and sizes, also available on a reel for table tops etc.
Keep Able, Remap, Lakeland, Homecraft, and Benefits Now. You can also purchase these from our website http://www.hemihelp.org.uk/support_us/shop

Dyna Fork

Fork with an extra wide prong which is sharpened to enable it to be used for cutting – both left and right handed available.

Nottingham Rehab

You can also purchase these from our website

http://www.hemihelp.org.uk/support_us/shop

Electrical Tin Opener

Light & comfortable mains operated opener.

Homecraft

Free Hand tray

This tray has a handle that allows you to carry it with one hand.

Keep Able, Homecraft, & Help at Home

Grater & Peeler Boards

Frame with detachable blade and optional spike to hold veg in place.

Homecraft

J Nelson Knife

This is a two-in-one knife & fork enabling you to eat with one hand.

Keep Able or Remap

Mini jug kettle

Ideal for boiling small quantities, this kettle is light and easy to lift.

Homecraft

Plate surround

Guard which snaps on the side of any plate between 23-28cm, to push the food against so that it falls back onto the spoon.

Keep Able, Homecraft or Remap

Rationell interior fitting drawer mat

Stay in place matting

Ikea (branches Nationwide)

Relief Knife range

This range has a large contoured easy-grip handle designed to limit wrist movement.

Homecraft

Safety cooking basket & strainer

Mesh wire basket avoids the need to lift heavy saucepans

Homecraft

Saw Handle Knife

Can be easier to use a saw handle action to cut than a standard knife action

Keep Able or Remap

Selectagrip

Soft rubber handle to slip over an ordinary spoon or fork – many sizes and shapes.

Nottingham Rehab and Homecraft

Snap-on Apron

No fussy strings or ties this apron simply snaps on round the waist.

Help at Home

Twist & Turn Jar Opener

Fits to the underside of a kitchen wall cabinet, so you just need to grip the jar or bottle, not the opener.

Lakeland and Homecraft

One-handed workstation

The base unit is held in place by non-slip pads and the grating unit is detachable.

Keep Able

Aids To Dressing

Tie adaptations

Send your school tie away with a cheque for £2.50 to have it adapted to be a clip-on.

Filaspun or Fashion & Corporate Ties

Elastic & Curly shoelaces (Coilers *TM*)

These are designed for easily taking off and putting on your shoes without the hassle of tying. *Fledglings*.

You can also purchase these from our website

http://www.hemihelp.org.uk/support_us/shop

Grey school trousers

Elasticated waist boys' school trousers up to men's sizes.

Kevins School Outfitters, Wearable Clothing

Hook and Eye fitting

John Lewis (Nationwide)

Othoses

High stability, low weight fun fabrics

Otto Bock

Socks for interfaces

'Smartknit' socks suitable for AFO and KAFO interfaces
Gilbert and Mellish Ltd

Therapeutic Shoes

Available in pairs or as individual shoes to match requirements. Constantly updated range. *Otto Bock*

Wheelchair clothing

Warm clothing and waterproofs for wheelchair users
Able2Wear

Miscellaneous

Beds

Cotswold Cots make beds to order.

Card Curve

Holds a "hand" of cards in a curved shape.
Lakeland

Card Shuffler

An electronic device that shuffles one or two packs at a time.
Keep Able, Homecraft and Brookvine Home Shopping

Exercise ball

Great for improving circulation and building strength in the hand.
Keep Able

Exercise putty

For finger and hand exercise, easy to handle non-oily putty
Homecraft

Hot water bottle stand

Holds the hot water bottle so it can be filled safely.
Chester care

Microwave Hot Water Bottle

Cotton quilted cover with non toxic reusable gel pack heated in the microwave.
Scotts of Stow, Homecraft and Brookvine Home Shopping

Needle threader

All standard needles can be threaded on this simple plastic device.
Homecraft

Twiddler hand exerciser

Chromed metal spring for exercising fingers and hands by stretching and squashing.

Homecraft

Useful Addresses

Ace Centre Advisory Trust (Aiding Communication in Education)

92 Windmill Road, Headington, Oxford OX3 7DR

Tel: 01865 759800

Email: info@ace-centre.org.uk *Website:* ace-centre.org.uk.

Or Broadbent, Watershedings, Oldham OL1 4HU

Tel: 0161 627 1358

Assessment, advice and information for young people in education who have communication difficulties. Good Leaflets.

Anything Left-Handed Ltd

18 Avenue Road, Belmont, Sutton, Surrey SM2 6JP

Tel: 020 8770 3722

Fax: 020 8715 1220

Email: alhleft@aol.com

Web Site: www.anythingleft-handed.co.uk

Specialist mail order company which provides properly designed, fully left handed versions of everyday items such as scissors, pens and kitchen utensils. There is also a shop at:

57 Brewer Street, London W1F 9UL

(tel: 020 7437 3910 call for opening hours).

AWEAR

Web Site: www.awear.org.uk

Charity offering advice to disabled people regarding clothing, as well as to retailers about how to make themselves more accessible.

Beesneez

POBox 25, Ossett, WF5 0YW.

Fax: 01924 264558

Web Site: www.beesneez.co.uk

Benefits Now

Tel: 01983 539954 *Website:* www.benefitsnowshop.co.uk

BIME (Bath Institute of Medical Engineering) Wolfson Centre, Royal United Hospital, Combe Park, Bath, BA1 3NG

Tel: 01225 824103

Fax: 01225 824111

Email: bime@bath.ac.uk

Web Site: www.bath.ac.uk/Centres/BIME

Registered charity carrying out design and development in medical and rehabilitation engineering. Works with both users and medical professionals. Informative web site.

Brainstore

Brainstore Ltd, PO Box 8908, Witham, Essex, CM8 1WY
Tel/Fax: 01376 501000 Website: www.brainstore.co.uk
Products aimed at ages 8-16 to improve learning performance

Brookvine Home Shopping

Copsham House, 53 Broad Street, Chesham, Bucks, HP5 3EA
Tel: 01494 773395
Mail order catalogue with a vast selection of household equipment.

Children Today

The Moorings, Rowton Bridge, Christleton, Chester, CH3 7AE
Tel: 01244 335 622
Fax: 01244 335 473
Email: childtoday@aol.com
The provision of equipment and aids for helping children and young people to overcome their difficulties

Cotswold Cots

Grawins, Rock Close, Casterton, Oxon, OX18 3BP
Tel: 01993 842 885
www.cotswoldcots.co.uk
Will make beds to order for those with special needs.

Disabled Living Foundation

380 Harrow Rd, London, W9 2HU
Tel: Helpline: 0870 6039177 (10am-4pm). MiniCom:0870 6039176
Email: advice@dlf.org.uk and sales@dlf.org.uk
Web Site:www.dlf.org.uk
Huge amount of information about useful gadgets, plus equipment centre

Equip for Life

Free ads online for second hand equipment for disabled users
www.equipforlife.org.uk

Filaspun

1 Parkwood Street, Keighley, W. Yorks, BD21 4QR
Tel: 01535 210426
Company that will adapt any tie to a clip on

Fledglings

6 Southfield, Ickleton, Saffron Walden, CB10 1TE.
Tel: 0845 458 1124
Fax: 0845 458 1125
Email: enquiries@fledglings.org.uk
A search and supply service, particularly for unusual items designed for children with special needs

Gilbert & Mellish Ltd



3 Lightning Way, West Heath, Birmingham, B31 3PH
Tel: 0121 475 1101 Fax: 0121 478 0163
Web site: www.gilbert-mellish.co.uk

Great Little Trading Company

Pondwood Close, Moulton Park, Northampton, NN3 6DF
Tel: 0870 850 6000
Fax: 01604 640107
Ingenious household gadgets and clothing aids

Handi-care

1 Glenville Parade, Hucclecote, Gloucester, GL3 3ES
Tel: 01452 610448 or 0800 243469

Mail order household equipment for disabled people. Also four stores, and a freephone helpline for advice.

Help at Home

Tel: 08700 552222

Inexpensive range of household equipment. Phone for a catalogue.

Homecraft

PO Box 5665, Kirby in Ashfield, Notts, NG17 7QX
Tel: 01623 721000 Fax: 01623 755585

A number of household gadgets. Phone for a catalogue.

Hotter Comfort Shoes

Liverpool Road, Skelmersdale, Lancashire, WN8 8AX
Tel: 0800 083 3083

Web Site: www.hottershoes.com

Velcro boots and shoes approx £49

In-Car Safety Centre

Unit 5, The Auto Centre, Stacey Bushes, Milton Keynes,
MK12 6HS

Tel: 01908 220 909 Fax: 01908 317 536

Website: www.in-carsafety.com

Children's car seats etc

MERU (Medical Engineering Resource Unit)

8 Damson Way, Orchard Hill, Carshalton, Surrey, SM5 4NR

Tel: 020 8770 8286

Fax: 020 8770 8398

Web Site: www.meru.org.uk

MERU design and manufacture bespoke equipment & devices to meet the needs of disabled children where there is no commercially available alternative

NES Arnold Ltd

Novara House, Excelsior Road, Ashby, Leicestershire, LE65 1NG

Tel: 01530 418901

Web Site: www.nesarnold.co.uk

Part of Nottingham Rehab Group, for schools and colleges.

Nottingham Rehab Supplies/Ways and Means

Findel House, Excelsior Road, Ashby Park, Ashby de la Zouch, Leics, LE65 1NG

Tel : 0845 606 0911 *Web Site:* www.novara.co.uk

Enormous catalogue of products for the home, educational toys, hobbies and haberdashery.

Keep Able

Unit 38c, Telford Way Industrial Estate, Kettering, N16 8UN

Tel: 01536 525 153

and 01384 484544

*Fax:*01536 515077

Web Site: www.keepable.co.uk

Mail order household equipment for disabled people. Also nine stores, some with qualified therapists to give advice.

Kevin's Outfitters

436 Greenford Road, Greenford, Middx.

Tel: 020 8578 1210

Supplier of grey school trousers with elasticated waists.

Keytools Ltd

PO BOX 700, Southampton, SO17 1LQ

Tel: 023 8058 4314

Fax: 023 8055 6902

Email: info@keytools.com

Web site: www.keytools.com

Keytools supply a range of computer equipment for special needs.

Tel; 01784 744900

Website : www.ottobock.co.uk

Catalogue of mobility aids especially for children.

Lakeland Ltd.

Tel 015394 88100

Web site: www.lakelandlimited.com

Lodge sons

Units 9-12 Douglas Buildngs, Royal Stuart Lane, Cardiff, CF10 5EL.

Tel: 029 2025 1331

Fax: 029 2025 1341

Email: sales@Lodgesons.co.uk

Web Site: www.Lodgesons.co.uk

Gadgets for the disabled driver, such as infra red controls, bleeper systems and steering balls. Manufacture all kinds of scissors, including push down scissors and those for left-handers. Manual available, 'Developing Scissors Skills', produced by paediatric occupational therapists.

Otto Bock

32 Parsonage Road, Englefield Green, Egham, Surrey, TW20 0LD

Tel: 01784 744900 Website: www.ottobock.co.uk

Catalogue of mobility aids especially for children

PCD Maltron Ltd

15 Orchard Lane, East Molesey, Surrey, KT8 0BN

Tel/Fax: 020 8398 3265

Email: sales@maltron.com

Web Site: www.maltron.com

The range of computer equipment includes one handed keyboards for right or left hand and the single finger keyboard.

Peta UK Ltd

Marks Hall, Marks Hall La, Margaret Rd, Dunmow, Essex CM6 1QT

Tel/Fax: 01245 231811

Email: peta@peta-uk.com

Web Site: www.peta-uk.com

Philip & Tacey Ltd.

POBox 468, North Way, Andover, Hants, SP10 5BA.

Tel: 01264 332171 Fax: 01264 384808

Website: www.philipandtacey.co.uk

Posturite

10 Diplocks Way, Hailsham, East Sussex, BN27 3JF

Tel: 01323 847777

Web Site: www.posturite.co.uk/products

Producers of sloping boards with magnetic facility.

Promedics Ltd

Moorgate Street, Blackburn, BB2 4PB

Tel: 01254 619 000

Fax: 01254 619 001

Email: enquiries@promedics.co.uk

Run Functional Solutions. Producers of orthopaedic and **electromedical products**

Remap GB

Hazeldene, Ightham, Sevenoaks, Kent, TN15 9AD

Tel: 01732 883818

Fax: 01732 886238

Email: john.wright@remap.org.uk

WebSite: www.remap.org.uk

Teams of engineers who make up one-off pieces of technical equipment or modify commercial equipment free of charge.

Scotts of Stow

Order line: 0990 449 111

Enquiry line: 0990 449 449

Phone for a catalogue. All sorts of household equipment.

Schein Paediatric Footwear

C/o Salts Healthcare, Lord Street, Birmingham, B7 4DS.

Tel: 0121 333 2000

Shoes, sandals and bootees in various colours and patterns. Open to the toes and extra depth.

Steps—Special Toys Educational Postal Service

7 Chatto Road, Torquay, Devon

Tel: 01803 311322

Website: www.stepscharity.org

Adapted toys which can be borrowed on long term loan

VM Marketing

St Peters Church, Ubbeston, Halesworth, Suffolk, IP19 0EX

Tel: 01986 798120

Fax: 01986 798040

Web Site: www.vmmarketing.co.uk

Suppliers of Limbo protectors to use over splints when bathing, washing and even swimming.

Wearable Clothing

Tel: 0141 774 9000

Web site: ww.wearableclothing.com

Mail order catalogue of clothing predominantly for wheelchair users, but stocks elasticated waist grey (school) trousers up to adult sizes and clip on ties.

Whizz Kidz

1 Warwick Row, London, SW1 5ER

Tel: 020 7233 6600

Web Site: www.whizz-kidz.org.uk

HemiHelp

Camelford House,

89 Albert Embankment

London, SE1 7TP

Helpline: 0845 123 2372

(Mon-Fri 10am-1pm)

Admin: 0845 120 3713

Fax: 0845 120 3723

Email: support@hemihelp.org.uk

www.hemihelp.org.uk

Charity No: 1085349

Although great care has been taken in the compilation and preparation of this leaflet to ensure accuracy, HemiHelp cannot accept responsibility for any errors or omissions.

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